



## Uttarakhand State Control Room COVID -19

Integrated Disease Surveillance Programme

Directorate of Medical Health and Family Welfare, Uttarakhand, Dehradun

**Health Bulletin on Corona Virus Disease (COVID-19)**

**Status as on Date: 13-04-2020 Time: 05:00 PM**

1- Number of COVID-19 positive cases detected today :	0
2- Total Number of COVID-19 positive cases detected till date :	35
3- Total number of cases treated and discharged till date :	7
4- Number of samples found negative for COVID-19 today :	125
5- Total number of samples sent for COVID-19 testing :	1978
6- Total number of samples found negative :	1641
7- Total number of samples result awaited :	302
8- Total Number of person in Hospital isolation :	447
9- Total Number of person in Home quarantine :	53862
10- Total Number of person in Institutional quarantine :	1814
11- Calls received on 104 Helpline/ State Control Room:	411
12- Number of follow up calls made:	1167

### Sample Testing Status

Districts	Sample Sent		Negative		Positive		Results	
	Sample Sent Today	Sample Sent Cumulative	Negative Today	Negative Cumulative	Positive Today	Positive Cumulative	Result Awaited	Cured/ Discharged
Almora	1	45	0	43	0	1	1	0
Bageshwar	0	7	0	7	0	0	0	0
Chamoli	0	15	4	12	0	0	3	0
Champawat	0	24	0	24	0	0	0	0
Dehradun	25	741	41	718	0	18	5	6
Haridwar	34	428	28	311	0	3	114	0
Nainital	38	337	43	243	0	8	86	0
Pauri Garhwal	1	78	3	77	0	1	0	1
Pithoragarh	0	18	0	18	0	0	0	0
Rudraprayag	3	13	0	10	0	0	3	0
Tehri Garhwal	0	10	0	10	0	0	0	0
US Nagar	0	174	2	124	0	4	46	0
Uttarkashi	9	88	4	44	0	0	44	0
<b>Total</b>	<b>111</b>	<b>1978</b>	<b>125</b>	<b>1641</b>	<b>0</b>	<b>35</b>	<b>302</b>	<b>7</b>

## **Situation Update, Uttarakhand:Today**

WHO has declared the Novel Corona Virus (COVID-19) epidemic as Public Health Emergency of International Concern (PHEIC) under IHR (International Health Regulation). In this context, Uttarakhand Government has strengthened the surveillance and control measures against the disease. Isolation and Institutional Quarantine facilities are operational in all districts.

### **Public Health Action taken:**

- 1-The Government has issued directions to provide masks, sanitizers, gloves and other consumables to all doctors, paramedics working in hospitals other than dedicated COVID-19 facilities/ hospitals.
- 2- Comprehensive guidelines for dialysis with reference to COVID-19 have been issued by the Government. As per guidline the patients who do not have private vehciles shall be facilitated by 108 ambulance service. This will also apply to the physical challanged patients.
- 3- An advisory has been issued regarding disinfection activities wherein disinfection tunnels will not be used, also spraying of alcohol, cholorine, lizol on human being will not be used.
- 4- **A dedicated helpline number 08046110007 has been made operational to provide psychological/clinical advise to the people suffering from mental stress due to pandemic situation/lockdown.**
- 5- **Regular messages on Do's & Don'ts during lock down periodare released for public awareness through print, electronic and social media. FM Radio and Community Radio are widely used.**
- 6- Uttarakhand government launched a Mobile App “Uttarakhand COVID-19 Tracking System” as a platform for people to report and self declare, if they are suspecting COVID-19 signs and symptoms. The link of App is [https://play.google.com/store/apps/details?id=com.app\\_release.covid19finalcourse](https://play.google.com/store/apps/details?id=com.app_release.covid19finalcourse)



**APPEAL:**

**Department of Health and Family Welfare, Uttrakhand appeals to all citizens of the state to follow the advisory for lockdown. All persons who have been advised quarantine (Contacts of Positive cases and people who have come from foreign travel) have to observe mandatory home quarantine as instructed by authorities. They may stay in separate room and not venture outside their house. If a person found/reported to be not following home quarantine as guideline, he/she will be put under institutional/facility quarantine. In case of any health emergency, assistance due to lockdown they may call state control room number 0135-2609500/helpline number 104/District control room numbers (Annexed) for assistance.**

**Preventive measures:**

- 1- Home quarantine of all asymptomatic travellers for next 28 days after returning from COVID-19 affected countries.
- 2- Travellers and their family members must ensure strict respiratory and hand hygiene. Cover your face while coughing or sneezing, wash hands frequently and avoid hand shakes.
- 3- Travellers, who have come from COVID-19 affected countries, must report to district/block health authorities immediately, if they develop any symptoms like fever, cough, cold or difficulty in breathing. Helpline/war room no. is 01352609500/104.
- 4- Indian citizens are advised to refrain from non essential travel to COVID-19 affected countries.
- 5- Hospital isolation of all symptomatic travellers if they have returned from any of COVID-19 affected countries.
- 6- Frequent hand washing specially after touching any body secretions like saliva or nasal secretions.

## **COVID-19 Control Room Details**

### **State Control Room**

**E-mail: covid19statewarroomuk@gmail.com Toll free No.:0135-2609500 / Toll Free 104**

**[Email Id: idsputtarakhand@gmail.com](mailto:idsputtarakhand@gmail.com)**

**[Whatsapp No. 9412080544](https://wa.me/919412080544)**

### **Details of District Control Rooms**

Districts	District Control Room Number
Almora	05962-237875,05962-237874,
Bageshwar	05963-220197,
Chamoli	0172-252187, 01372-251437
Champawat	05965-230312 05965-230943, 05965-230819
Dehradun	0135-2724506,
Haridwar	01334-239920, 01334-223999
Pauri Garhwal	01368-222213, 01368-221840
Pithoragarh	05964-225142, 05964-226326
Nainital	05946-281234,
Tehri Garhwal	01376-232093, 01376-232831
Rudraprayag	01364-233946, 01364-233727
U.S. Nagar	05944-246590, 05944-250250
Uttarkashi	01374-222641, 01374-222722, 7310913129